

Psalms Prayer List

A PRAYER FOR EVERY MOMENT



Ps 3

A PRAYER OF PROTECTION WHEN YOU ARE ATTACKED WITH FEAR

- ³ you, Lord, are a shield around me,
- ⁴ I call out to the Lord, and he answers me
- ⁵ I lie down and sleep; I wake again, because the Lord sustains me.
- ⁶ I will not fear though thousands assail me on every side.

Ps 4

A PRAYER FOR SLEEP FREE FROM ANXIETY

- ³ the Lord hears when I call to him.
- ¹ Have mercy on me and hear my prayer. ¹ Give me relief from my distress;
- ⁶ Let the light of your face shine on me. ⁷ Fill my heart with joy
- ⁸ In peace I will lie down and sleep, for you alone, Lord, make me dwell in safety.

Ps 5

A PRAYER OF ASSURANCE THAT GOD HEARS ME AND WILL RESPOND

- ³ Lord, you hear my voice; I lay my requests before you and wait expectantly.
- ⁸ Lead me, Lord, make your way straight before me.
- ¹¹ Spread your protection over me.
I will take refuge in you and be glad; I will ever sing for joy.
- ¹² you surround me with your favor as with a shield.

Ps 6

A PRAYER FOR MERCY WHEN YOU ARE EXHAUSTED

- ³ My soul is in deep anguish. How long, Lord, how long?
- ² Have mercy on me, Lord, for I am faint; heal me, Lord, for my bones are in agony.
- ⁴ Turn, Lord, and deliver me; save me because of your unfailing love.
- ⁹ The Lord has heard my cry for mercy; the Lord accepts my prayer.

Ps 7

A PRAYER FOR JUSTICE WHEN YOU HAVE BEEN WRONGED

- ¹ Lord my God, I take refuge in you; save and deliver me from all who pursue me.
- ⁸ Vindicate me, Lord, according to my righteousness, according to my integrity
- ¹⁰ My shield is God Most High, who saves the upright in heart.
- ⁸ Let the Lord judge the peoples.

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Ps 8

A PRAISE FOR THE WORLD AND YOUR PLACE IN IT

- ¹ Lord, our Lord, how majestic is your name in all the earth! You have set your glory in the heavens.
- ³ When I consider your heavens, the work of your fingers, the moon and the stars, which you have set in place.
- ⁴ What is mankind that you are mindful of them, human beings that you care for them?

Ps 9

A PRAYER FOR THANKS FOR PROTECTION IN TIMES OF TROUBLE

- ¹ I will give thanks to you, Lord, with all my heart; I will tell of all your wonderful deeds.
- ³ My enemies turn back; they stumble and perish before you.
- ⁴ For you have upheld my right and my cause,
- ⁹ The Lord is a refuge for the oppressed, a stronghold in times of trouble.

Ps 10

A PRAYER FOR GOD TO TAKE A STAND AGAINST THE WICKED

- ¹ Lord, why do you hide yourself in times of trouble?
- ² the wicked man hunts down the weak, who are caught in the schemes he devises.
- ⁷ His mouth is full of lies and threats
- ¹⁴ But you, God, see the afflicted; you consider their grief.
- ¹⁷ you encourage them, and you listen to their cry,
- ¹⁸ defending the oppressed, so that mere earthly mortals will never again strike terror.

Ps 11

A PRAYER FOR TRUST IN GOD TO JUDGE THE WICKED

- ⁴ The Lord is in his holy temple; He observes everyone on earth.
- ⁵ The wicked, those who love violence, he hates.
- ⁷ But the upright will see his face. For the Lord is righteous, he loves justice.

Ps 12

A PRAYER FOR PROTECTION AGAINST DECEPTION AND LIES

- ¹ Help, Lord, for no one is faithful anymore.
- ² Everyone lies; they harbor deception in their hearts.
- ⁵ "I will now arise," says the Lord. "I will protect them from those who malign them."
- ⁷ You, Lord, will protect us forever from the wicked.

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Ps 13

A PRAYER FOR WHEN THERE IS NO END IN SIGHT

- ¹ Lord, our Lord, how majestic is your name in all the earth! You have set your glory in the heavens.
- ³ When I consider your heavens, the work of your fingers, the moon and the stars, which you have set in place.
- ⁴ What is mankind that you are mindful of them, human beings that you care for them?

Ps 14

A PRAYER OF FRUSTRATION OVER COMBATIVE UNBELIEVERS

- ¹ The fool says in his heart, "There is no God." They are corrupt, their deeds are vile.
- ⁴ They never call on the Lord.
- ⁵ But God is present in the company of the righteous. ⁶ The Lord is their refuge.
- ⁷ Oh, that salvation for Israel would come out of Zion!

Ps 15

A PRAYER OF WISDOM ON HOW TO FIND FAVOR WITH GOD

- ¹ Lord, who may dwell in your sacred tent?
- ² The one whose walk is blameless, who speaks the truth from their heart.
- ³ Whose tongue utters no slander, who does no wrong to a neighbor.
- ⁵ Whoever does these things will never be shaken.

Ps 16

A PRAYER OF TRUST THAT GOD HAS PROVIDED FOR ME IN ETERNITY

- ¹ Keep me safe, my God, for in you I take refuge.
- ² Apart from you, I have no good thing.
- ⁵ Lord, you alone are my portion and my cup; you make my lot secure.
- ⁸ I keep my eyes always on the Lord. With him I will not be shaken.
- ¹¹ You make known to me the path of life; you will fill me with joy in your presence.

Ps 17

A PRAYER FOR GOD TO SEE YOUR FAITHFULNESS AND PROTECT YOU

- ⁶ I call on you, my God; turn your ear to me and hear my prayer.
- ³ Though you probe my heart, you will find that I have planned no evil
- ⁵ My steps have held to your paths; my feet have not stumbled.
- ⁸ Keep me as the apple of your eye; hide me in the shadow of your wings
- ⁷ You who save by your right hand those who take refuge in you from their foes.

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Ps 18

A PRAYER OF THANKS FOR DELIVERANCE FROM EVERY ENEMY

- ² The Lord is my rock, my fortress and my deliverer; my God is my rock,
in whom I take refuge, my shield and the horn of my salvation, my stronghold.
⁶ In my distress I called to the Lord; I cried to my God for help
¹⁷ He rescued me from my powerful enemies, ²⁸ my God turns my darkness into light.

Ps 19

A PRAYER OF PRAISE FOR GOD'S CREATION AND HIS WORD

- ¹ The heavens declare the glory of God;
³ They have no speech, they use no words; ⁴ Yet their voice goes out into all the earth,
⁷ The law of the Lord is perfect, refreshing the soul.
The statutes of the Lord are trustworthy, making wise the simple.
⁸ The precepts of the Lord are right, giving joy to the heart.
¹⁰ They are more precious than gold, they are sweeter than honey,
¹¹ By them your servant is warned; in keeping them there is great reward.
¹⁴ May these words of my mouth and this meditation of my heart be pleasing in your sight, Lord,
my Rock and my Redeemer.'

Ps 20

A PRAYER OF INTERCESSION FOR VICTORY OVER A BATTLE

- ¹ May the Lord answer you when you are in distress;
⁴ May he give you the desire of your heart and make all your plans succeed.
⁵ May we shout for joy over your victory and lift up our banners in the name of our God.
⁷ Some trust in chariots and some in horses, but we trust in the name of the Lord our God.
⁹ Lord, give victory to the king! Answer us when we call!

Ps 21

A PRAYER OF THANKSGIVING AND PRAISE FOR VICTORY

- ¹ The king rejoices in your strength, Lord. How great is his joy in the victories you give!
⁴ He asked you for life, and you gave it to him— length of days, for ever and ever.
⁵ Through the victories you gave, his glory is great; you have bestowed on him splendor and majesty.
¹³ Be exalted in your strength, Lord; we will sing and praise your might.

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Ps 22

A PRAYER WHEN YOU FEEL GOD HAS ABANDONED YOU

- ¹ My God, my God, why have you forsaken me? ¹⁹ Lord, do not be far from me.
³ You are enthroned as the Holy One; ⁹ You made me trust in you
¹⁹ You are my strength; come quickly to help me.
²⁸ for dominion belongs to the Lord and he rules over the nations.
³¹ They will proclaim his righteousness, declaring to a people yet unborn: *He has done it!*

Ps 23

A PRAYER WHEN YOU NEED COMFORT

- ¹ The Lord is my shepherd, I lack nothing.
² He makes me lie down in green pastures, he leads me beside quiet waters,
⁴ Even though I walk through the darkest valley, I will fear no evil, for you are with me;
⁶ Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever.

Ps 24

A PRAYER WHEN YOU WANT TO PRAISE GOD AS CREATOR AND KING

- ¹ The earth is the Lord's, and everything in it, the world, and all who live in it;
⁸ Who is this King of glory? The Lord strong and mighty, the Lord mighty in battle.
⁹ Lift up your heads, you gates; lift them up, you ancient doors, that the King of glory may come in.

Ps 25

A PRAYER FOR FORGIVENESS AND THE WAY TO GOD'S PATH

- ¹ In you, Lord my God, I put my trust. ³ No one who hopes in you will ever be put to shame.
⁷ Do not remember the sins of my youth and my rebellious ways;
¹¹ Forgive my iniquity, though it is great. ⁴ Show me your ways, Lord, teach me your paths.
⁵ Guide me in your truth and teach me, for you are God my Savior, and my hope is in you.

Ps 26

A PRAYER FOR VINDICATION WHEN YOU ARE BLAMELESS

- ¹ Vindicate me, Lord, for I have trusted in the Lord and have not faltered.
⁵ I refuse to sit with the wicked.
⁶ I go about ⁷ proclaiming your praise and telling of all your wonderful deeds
¹¹ I lead a blameless life; deliver me and be merciful to me.

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Ps 27

A PRAYER FOR OVERCOMING FEAR WITH CONFIDENCE IN YOUR SALVATION

- ¹ The Lord is my light and my salvation— whom shall I fear?
The Lord is the stronghold of my life— of whom shall I be afraid?
- ⁴ One thing I ask from the Lord, this only do I seek:
that I may dwell in the house of the Lord all the days of my life,
- ¹³ I remain confident of this: I will see the goodness of the Lord in the land of the living.

Ps 28

A PRAYER FOR WHEN YOU FEAR GOD DOES NOT HEAR YOU

- ¹ To you, Lord, I call; you are my Rock, do not turn a deaf ear to me.
- ² Hear my cry for mercy as I call to you for help,
- ⁷ The Lord is my strength and my shield; my heart trusts in him, and he helps me.
- ⁸ The Lord is the strength of his people, a fortress of salvation.

Ps 29

A PRAYER TO REMIND YOU THAT GOD'S POWER CAN PROVIDE PEACE

- ¹ Ascribe to the Lord glory and strength.
- ⁴ The voice of the Lord is powerful; the voice of the Lord is majestic.
- ⁷ The voice of the Lord strikes with flashes of lightning. ³ the God of glory thunders,
- ¹¹ The Lord gives strength to his people; the Lord blesses his people with peace.

Ps 30

A PRAYER OF THANKS TO GOD FOR TURNING YOUR MOURNING INTO JOY

- ² Lord my God, I called to you for help, and you healed me.
- ¹ you lifted me out of the depths and did not let my enemies gloat over me.
- ⁵ Weeping may stay for the night, but rejoicing comes in the morning.
- ¹¹ You turned my wailing into dancing; you clothed me with joy.

Ps 31

A PRAYER OF TRUST FOR REFUGE AND RESCUE

- ¹ In you, Lord, I have taken refuge
- ³ Since you are my rock and my fortress,
- ¹⁵ My times are in your hands; deliver me from the hands of my enemies,
- ¹⁶ Let your face shine on your servant; save me in your unfailing love.

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Ps 32

A PRAYER OF THANKS FOR THE FORGIVENESS OF SIN

- ⁵ I acknowledged my sin to you and did not cover up my iniquity.
And you forgave the guilt of my sin.
- ¹⁰ Many are the woes of the wicked,
but the Lord's unfailing love surrounds the one who trusts in him.

Ps 33

A PRAYER OF PRAISE FOR THE WORD OF GOD

- ⁴ For the word of the Lord is right and true.
- ⁶ By the word of the Lord the heavens were made.
- ¹¹ The plans of the Lord stand firm forever, the purposes of his heart through all generations.
- ²¹ In him our hearts rejoice, for we trust in his holy name.

Ps 34

A PRAYER FOR THE BROKENHEARTED IN NEED OF RESCUE

- ⁴ I sought the Lord, and he answered me; he delivered me from all my fears.
- ¹⁸ The Lord is close to the brokenhearted and saves those who are crushed in spirit.
- ¹⁹ The righteous person may have many troubles, but the Lord delivers him from them all;
- ⁸ Taste and see that the Lord is good; blessed is the one who takes refuge in him.

Ps 35

A PRAYER FOR GOD TO FIGHT YOUR ENEMIES FOR YOU

- ¹ Lord, fight against those who fight against me.
- ¹² They repay me evil for good. ¹⁵ They slandered me without ceasing.
- ²² Lord, you have seen this; do not be silent. Do not be far from me, Lord.
- ²³ Awake, and rise to my defense! Contend for me, my God and Lord.

Ps 36

A PRAYER FOR CONFIDENCE THAT GOD'S LOVE WINS OVER EVIL

- ¹ Concerning the sinfulness of the wicked: There is no fear of God before their eyes.
- ¹² See how the evildoers lie fallen— thrown down, not able to rise!
- ⁷ People take refuge in the shadow of your wings.
- ⁵ Your love, Lord, reaches to the heavens, your faithfulness to the skies.
- ⁹ For with you is the fountain of life; in your light we see light.

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Ps 37

A PRAYER WHEN YOUR ANGER BURNS AGAINST THE WICKED

- ¹ Do not fret because of those who are evil or be envious of those who do wrong;
² for like the grass, they will soon wither. ¹⁰ A little while, and the wicked will be no more;
⁴ Take delight in the Lord, and he will give you the desires of your heart.
³⁴ Hope in the Lord and keep his way. ¹¹ The meek will inherit the land and enjoy peace and prosperity.

Ps 38

A PRAYER WHEN YOU ARE CRUSHED BY YOUR OWN SIN

- ²¹ Lord, do not forsake me; ¹⁸ I confess my iniquity; I am troubled by my sin.
¹⁷ For I am about to fall. ⁴ My guilt has overwhelmed me like a burden too heavy to bear.
²² Come quickly to help me, my Lord and my Savior.

Ps 39

A PRAYER WHEN YOU FEEL LIFE IS FUTILE AND FLEETING

- ⁴ "Show me, Lord, my life's end and the number of my days; let me know how fleeting my life is.
⁵ Everyone is but a breath, even those who seem secure
⁶ in vain they rush about, heaping up wealth without knowing whose it will finally be.
⁷ But now, Lord, what do I look for? My hope is in you.

Ps 40

A PRAYER OF PRAISE FOR GOD RESCUES US FROM THE PIT

- ¹ I waited patiently for the Lord; he turned to me and heard my cry.
² He lifted me out of the slimy pit; he set my feet on a rock. ³ He put a new song in my mouth,
⁵ Many, Lord my God, are the wonders you have done, the things you planned for us.
¹⁶ May all who seek you rejoice and be glad in you.

Ps 41

A PRAYER OF PRAISE FOR GOD WHO BLESSES THOSE WHO CARE FOR OTHERS

- ¹ Blessed are those who have regard for the weak ² The Lord protects and preserves them.
¹¹ I know that you are pleased with me, for my enemy does not triumph over me.
¹² Because of my integrity you uphold me and set me in your presence forever.
¹³ Praise be to the Lord, the God of Israel, from everlasting to everlasting.
Amen and Amen.

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Ps 42+43

A PRAYER FOR WHEN YOU ARE DOWNCAST OR DISTURBED

42:5,11;43:5 Why, my soul, are you downcast? Why so disturbed within me?

1 As the deer pants for streams of water, so my soul pants for you, my God.

8 By day the Lord directs his love, at night his song is with me—a prayer to the God of my life.

42:5,11;43:5 Put your hope in God, for I will yet praise him, my Savior and my God.

Ps 44

A PRAYER FOR WHEN YOU SUFFER DESPITE BEING FAITHFUL

8 In God we make our boast all day long, and we will praise your name forever.

9 But now you have rejected and humbled us; ¹⁷ though we had not forgotten you;

²³ Awake, Lord! Why do you sleep? Do not reject us forever.

²⁶ Rise up and help us; rescue us because of your unfailing love.

Ps 45

A PRAYER FOR PRAISING JESUS CHRIST, THE MESSIAH

6 Your throne, O God, will last for ever and ever;

4 In your majesty, ride forth victoriously in the cause of truth, humility, and justice.

7 God has set you above your companions by anointing you with the oil of joy.

¹⁷ Therefore, the nations will praise you forever and ever.

Ps 46

A PRAYER FOR WHEN YOU ARE IN TROUBLE AND NEED GOD'S REFUGE AND STRENGTH

1 God is our refuge and strength, an ever-present help in trouble.

2 Therefore we will not fear, though the earth give way and the mountains fall

¹⁰ He says, "Be still, and know that I am God;

¹¹ The Lord Almighty is with us; the God of Jacob is our fortress.

Ps 47+48

A PRAYER TO CELEBRATE OUR AWESOME GOD

48:1 Great is the Lord, and most worthy of praise,

47:2 For the Lord Most High is awesome, the great King over all the earth.

48:14 For this God is our God for ever and ever; he will be our guide even to the end.

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Ps 49

A PRAYER FOR WHEN YOU WANT MORE THAN WHAT YOU REALLY NEED – REDEMPTION

- ¹ Hear this, all you peoples; listen, all who live in this world, ² both rich and poor alike:
¹⁶ Do not be overawed when others grow rich, when the splendor of their houses increases;
²⁰ People who have wealth but lack understanding are like the beasts that perish.
¹⁵ But God will redeem me from the realm of the dead; he will surely take me to himself.

Ps 50

A PRAYER FOR GOD TO JUDGE MY ACTIONS

- ⁴ God summons the heavens above, and the earth, that he may judge his people:
²³ Those who sacrifice thank offerings honor me, and to the blameless^[d] I will show my salvation.”

Ps 51

A PRAYER FOR CLEANSING FROM SIN AND A PURE HEART

- ¹ Have mercy on me, O God, according to your unfailing love.
² Wash away all my iniquity and cleanse me from my sin.
¹⁷ My sacrifice is a broken spirit; a broken and contrite heart.
¹⁰ Create in me a pure heart, O God, and renew a steadfast spirit within me.

Ps 52

A PRAYER FOR GOD TO OVERCOME EVIL FOR GOOD

- ¹ Why do you boast all day long, you who are a disgrace in the eyes of God?
³ You love evil rather than good, falsehood rather than speaking the truth.
⁵ Surely God will bring you down to everlasting ruin:
⁸ But I am like an olive tree flourishing in the house of God; I trust in God's unfailing love.

Ps 54+55

A PRAYER FOR REST FROM THE DISTRESS OF A FRIEND'S BETRAYAL

- ^{55:1} Listen to my prayer, O God. ² My thoughts trouble me and I am distraught.
¹² If an enemy were insulting me, I could endure it; ¹³ But it is my companion, my close friend,
⁶ Oh, that I had the wings of a dove! I would fly away and be at rest.
²³ But you, God, will bring down the wicked into the pit of decay;
But as for me, I trust in you. ²² Cast your cares on the Lord and he will sustain you.

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Ps 56+57

A PRAYER TO TRUST GOD WHEN YOU ARE AFRAID

^{56:3} When I am afraid, I put my trust in you. ¹⁰ In God, whose word I praise.

¹¹ in God I trust and am not afraid. What can man do to me?

^{57:1} I will take refuge in the shadow of your wings until the disaster has passed.

¹⁰ For great is your love, reaching to the heavens; your faithfulness reaches to the skies.

Ps 58

A PRAYER FOR JUSTICE WHEN EVIL LEADERS PREY UPON THE PEOPLE

¹ Do you rulers indeed speak justly?

² No, in your heart you devise injustice, and your hands mete out violence on the earth.

¹⁰ The righteous will be glad when they are avenged,

¹¹ Then people will say, surely there is a God who judges the earth."